



What is a Medical Massage?

Are you experiencing headaches, neck restrictions, back pain, or injuries from an accident, a fall or sporting event? Medical massage can assist by speeding up your recovery process and reduce or eliminate your pain.

Medical Massage can be prescribed by a physician for insurance reimbursement (though not necessary), and involves an evaluation to find the “root cause” of the pain/disorder.

A Massage Therapist trained in this modality, must study advanced protocols necessary to assist your recovery and pain management. These efficient specialized techniques concentrate only on the muscles that are involved for your individual case. A more detailed and specialized treatment plan is geared to your specific problem and is the main focus of the treatment. Depending on the severity of the disorder in a minimal number of visits, usually between 4 and 10 visits, will speed recovery, aid pain management and/or correct the problem without surgery.

Chronic pain problems such as Low Back and Neck pain, Sciatica, Carpal Tunnel, Tennis or Golf Elbow, Rotator Cuff Strain, Plantar Fasciitis and Frozen Shoulder, respond well to this advanced protocol. This is NOT a Relaxation massage, however can be integrated into a Therapeutic massage, to provide a “little sugar with the medicine”.

Make an appointment today for this important modality.

Simply call us at 239-405-0463

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